

**ROCKY MOUNTAIN SPINE CLINIC, P.C.**

Eric R. Jamrich, M.D.

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Name \_\_\_\_\_ Birthdate \_\_\_\_\_  
Last First Middle Initial SSN \_\_\_\_\_

Address \_\_\_\_\_ Apt. # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

E-mail Address \_\_\_\_\_ Preferred method of contact:  Phone  E-mail  Text

Gender  Male  Female Marital Status  Single  Married  Widowed  Divorced

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Employer's Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Employment Status  Full-Time  Part-Time  Retired  On Leave  Other

In case of emergency contact \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

**REFERRING PHYSICIAN / COMPLETE NAME AND ADDRESS:**

\_\_\_\_\_  
PCP (if different from Referring Physician) COMPLETE NAME AND ADDRESS

Pharmacy \_\_\_\_\_ Phone \_\_\_\_\_

**INSURANCE INFORMATION ~ We will need a copy of your insurance card(s).**

Primary Insurance Address (Street/City/State) Employer

Group # \_\_\_\_\_ ID # \_\_\_\_\_ Policy Holder  Self  Spouse  Parent/Guardian

Secondary Insurance Address (Street/City/State) Employer

Group # \_\_\_\_\_ ID # \_\_\_\_\_ Policy Holder  Self  Spouse  Parent/Guardian

**INSURED RESPONSIBLE PARTY INFORMATION – If other than self**

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Birthdate \_\_\_\_\_ SSN \_\_\_\_\_

Address (if different from patient) \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_ Employer \_\_\_\_\_

**ACCIDENT INFORMATION**

Is this a  Work Comp or  Motor Vehicle Accident?  Yes  No If YES, on what date did the injury occur? \_\_\_\_\_

Work Comp / Motor Vehicle Claim Number \_\_\_\_\_

Adjuster's Name \_\_\_\_\_

Phone Number ( ) \_\_\_\_\_ Fax Number ( ) \_\_\_\_\_

I authorize that payment of any insurance benefits for health care services be made directly to Rocky Mountain Spine Clinic, P.C. NOTE: If patient is a minor under the age of 18 years, these forms must be signed by parent or legal guardian. They cannot be signed by a minor.

\_\_\_\_\_  
Signature of Patient, Parent or Legal Guardian

\_\_\_\_\_  
Date

ROCKY MOUNTAIN SPINE CLINIC, P.C.

NAME: \_\_\_\_\_

What symptoms are you having? \_\_\_\_\_

How long ago did your symptoms begin? \_\_\_\_\_  
 How did your symptoms begin? (Circle one): Injury Accident Began slowly over time Began suddenly

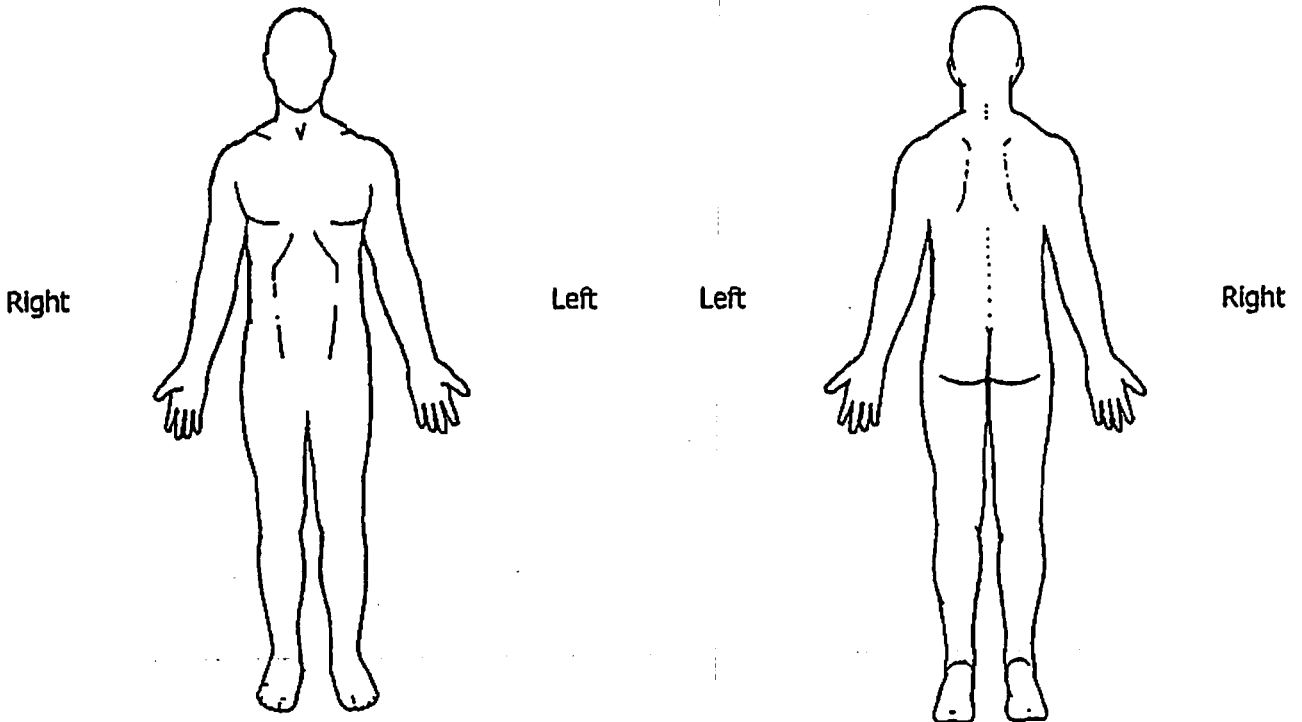
Do your symptoms limit you? \_\_\_\_\_  
 Extent of symptoms: (Circle any that apply): Stabbing pain. Burning pain. Aching pain. Stiffness.  
 Pins & needles. Numbness. Weakness. Headaches.  
 Grinding or popping. Muscle spasms. Bowel/bladder function loss.

Is the pain constant, or does it come and go? \_\_\_\_\_  
 Does the pain radiate into your arms or legs? \_\_\_\_\_  
 Is the pain worse at night? \_\_\_\_\_  
 Do you have any weakness or numbness in your arms or legs? \_\_\_\_\_  
 Have you lost control of bowel or bladder function? \_\_\_\_\_  
 How long can you sit? \_\_\_\_\_ stand? \_\_\_\_\_  
 How far can you walk? \_\_\_\_\_  
 What, if anything, makes the pain better? \_\_\_\_\_  
 What makes your pain worse? \_\_\_\_\_

Using the symbols below, please draw your pain on the diagrams below:

FRONT

BACK



Stabbing Pain  
 /////

Burning Pain  
 ooooo

Aching Pain  
 xxxxx

Pins & Needles  
 +++++

Numbness  
 -----

Circle your pain level on a scale of 1 to 10, with 10 being unbearable or the worst imaginable pain.  
 (no pain) 1 2 3 4 5 6 7 8 9 10 (extreme pain)

ROCKY MOUNTAIN SPINE CLINIC, P.C.

NAME \_\_\_\_\_

**DOMINANT HAND:**  Right  Left

**Tell us about any previous treatments and/or tests you have had.**

Who first treated you for this problem? \_\_\_\_\_

What treatments did you have? \_\_\_\_\_

Did this include any surgery on your neck or back? If so, what and when: \_\_\_\_\_

Have you had physical therapy? \_\_\_\_\_ If so, did it help? \_\_\_\_\_

Explain: \_\_\_\_\_

Do you do any special exercises for your neck or back? \_\_\_\_\_

Have you had any of the following tests regarding your back or neck within the last year?

- X-rays       MRI       CT Scan       EMG/nerve conduction studies

Have you had any injections for your problem? \_\_\_\_\_ If so, please describe: \_\_\_\_\_

**What do you hope to accomplish today?**

**PAST MEDICAL HISTORY: (List all current medical problems)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**ROCKY MOUNTAIN SPINE CLINIC, PC.  
HEALTH HISTORY FORM**

**NAME** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_ **Today's Date** \_\_\_\_\_

List all medications you are currently taking:

Medication	Dose	Times/Day	Medication	Dose	Times/Day
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

**DRUG ALLERGIES:** \_\_\_\_\_ **REACTION:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**FOOD ALLERGIES:** \_\_\_\_\_ **REACTION:** \_\_\_\_\_  
**ENVIRONMENTAL ALLERGIES:** \_\_\_\_\_

Have you recently experienced fever/chills, weight gain, weight loss, chest pain or shortness of breath? (Circle)

**PAST SURGICAL HISTORY** ~ Please list all surgeries you have had, the year, and any complications.  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Have you ever had any problems with anesthesia? Yes No If yes, explain: \_\_\_\_\_  
 \_\_\_\_\_

**FAMILY HISTORY**

Do your parents, grandparents, siblings or your children have any of the following? If yes, please explain:

- Diabetes Yes No \_\_\_\_\_
- High blood pressure Yes No \_\_\_\_\_
- Heart conditions Yes No \_\_\_\_\_
- Cancer Yes No \_\_\_\_\_
- Arthritis Yes No \_\_\_\_\_

**SOCIAL HISTORY**

- Do you live alone? Yes No
- Do you have children? Yes No # \_\_\_\_\_
- Do you exercise? Yes No How often? Daily Weekly Rarely Never
- What types of exercises do you do? \_\_\_\_\_
- Do you currently smoke? Yes No How many packs per day \_\_\_\_\_ for how long \_\_\_\_\_
- Have you quit smoking? Yes No When did you quit: \_\_\_\_\_
- Do you chew tobacco? Yes No How much: \_\_\_\_\_
- Do you drink alcohol? Yes No How much / how often: \_\_\_\_\_
- History of substance abuse? Yes No Explain: \_\_\_\_\_
- Marijuana use? Yes No

ROCKY MOUNTAIN SPINE CLINIC, P.C.

NAME: \_\_\_\_\_

REVIEW OF SYSTEMS

Are you currently having or have you had problems with:

Describe all YES responses

Eyes	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Ears, Nose, Throat	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Lungs/Breathing	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Digestion/Ulcers	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Bowel movements	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Bladder problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Heart problems / Chest pain (Including rheumatic fever)	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
High blood pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
High cholesterol	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Bleeding problems / Blood clots	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Balance problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Numbness / Tingling	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Blackouts / Fainting	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Psychological problems / Depression	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
AIDS / Hepatitis	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Arthritis / Rheumatoid	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Polio	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Other	Explain	_____ _____ _____

Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Physician's Initials: \_\_\_\_\_

Date: \_\_\_\_\_